

The Girl in White

By Alan Miles ([email](#)) – July 2013

Like all spiritualist mediums I have seen many spirits and many of the spirits have materialised. For over 25 years (and those years have passed so quickly), I have dealt with many different spirits and in many different ways. This is one story which is very true and really very sad.

Many years ago late one evening, a friend of mine who lived locally called in to see me but couldn't stop long, as she had to get back home by 10pm. I offered to walk her back home through the estate, and as we walked through the back of the estate, it began to drizzle quite heavily. As we walked past one of the tower blocks, we saw standing all alone a young girl of about 16 years old. She wore a white trouser suit and over the top a black leather coat, her head stooped down looking at the ground, with a very sorrowful expression. My friend turned to me and said "that girl is a ghost", somehow I wasn't surprised when she said that to me. For the stillness of the girl's energy and the distinctive presence I had seen all too many times before.

I left my friend at the bus stop in Hall Lane and I walked back home. As I returned to the spot where I had seen the ghost, the girl in white was still there in the falling rain. I hesitated and thought shall I talk to her, so I stopped and looked at her. As I did so the girl turned around walked to the corner of the block of flats, so I continued walking and followed her to see where she had gone to, but she had finally disappeared.

I had heard something about this 'girl in white' from another friend who lived locally. Apparently, the 'girl in white' was hosting a party with some other girls taking LSD and drinking. This young girl lent out of the window and said 'she felt like flying', she then disappeared out of the window. The poor thing landed on both legs, the legs went up inside her, and even sadder was that she was pregnant at the time.

I now believe that her 'appearance' was purposeful to me as a kind of warning to me about certain people that I kept company with on the estate.